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Title: Organs-on-a-chip

Raising question

Animal models and *in vivo* experiments are a crucial step in order to investigate, understand, and even predict biological functions. They are a mean to create sustainable clinical and technological solutions for the ongoing challenges that the human health and the human quality of life face. Nevertheless, these models and experiments can turn out to be quite expensive, considerably inconstant, and rather complicated to handle. Moreover, the experimental results obtained from such models can often be challenging to interpret. Consequently, in the case of the pharmaceutical industry, *in vivo* studies demand excessive resources but they sometimes fail to be fruitful. In fact, the pharmaceutical industry is confronted to new and unparalleled challenges that are due to increasing efficiency of drug research and development but increasing costs.

Introduction

The drug clinical trials which turn out to be unsuccessful, principally due to the weakness of the preclinical models' predictive power. For pharmaceutical researchers, companies, and the drug discovery community in general have a concern about a surge to find new testing approaches. These approaches constitute a solution to a critical need. They are needed in order to create trustworthy forecasts regarding the efficacy of the new drugs, as well as their safety in humans.

Engineered tissues models systems might offer a breakthrough and an answer to this unfulfilled need. Petri dish cultures have been used for decades, but they are however incapable of properly and accurately displaying and measuring complex properties of *in vivo* systems such as their structure, their mechanical, their dynamic, and their communicative properties [1]. Animal models are employed by certain drug development studies in order to forecast the pharmacokinetic responses of the human body to the drug being tested. However, even though animal models remain still the primary source to acquire *in vivo* data, forecasting these pharmacokinetic responses of the human body. Physiological and metabolic dissimilarities are present between humans and animal models. These differences hinder an accurate forecast and predictions of the outcomes of new drugs. The use of microfluidic chips could help bypass these dissimilarities by utilizing human cells only, in a more suitable physicochemical environment [3]. Microfluidics represents the skills and science of maneuvering tiny amounts of fluids from microliters (10^{-6} L) to picoliters (10^{-12}). Fluidic channels and chambers for networks with a linear dimension in the order of tens to hundreds of micrometers, hence the "chip" size [4]. The use of microfluidics and their network-like properties allows the connection of tissues with different origins, consequently mimicking the response of multiple tissues when exposed to a drug. This response can be analyzed in a comparable fashion to animal models.

Results/Solutions

Contrary to the use of conventional techniques, the progress seen in the field of microengineering technologies has granted a grand understanding of the biomedical sciences. The development of microengineered cell cultures models could possibly bring a solution to answer these new requirements. The current progresses have led to the development of more pertinent models, by

building microenvironments with organ-like properties. When it comes to accurately model the biology of organs, microengineering provides various assets. It allows to create patterns of large surfaces with a subcellular resolution, and this in turn provides the ability to accurately monitor several cellular microenvironment aspects, whilst still preserving an appropriate size to enable complex interactions between the different components of the system [1]. Besides, an appropriate downsizing and rescaling of these microengineered miniature systems could potentially decrease the costs of animal testing and improve the results that are obtained.

The most recent advancements in this field have resulted in the elaboration of innovative microdevices known as organs-on-a-chip. These microdevices reiterate the structure of living human organs in their complexity, as well as the microenvironment and the physiological functions of these human organs [5].

In biology and physiology, a tissue is defined as a group of cells that operate collectively to execute and carry out one or more physiological functions. In the same manner, an organ is defined as a group of tissues which operate collectively to execute and carry out one or more physiological functions. Organs-on-chips are microengineered systems which imitate these functional parts of the human body. The microchannels which constitute them are transparent 3D polymeric microchannels. These microchannels are lined by living human cells and the aim is to accurately replicate the main aspects of the organs they model. Three of these relevant aspects are the junctional tissue-tissue interfaces, the biochemical and mechanical microenvironments (which are organ-like), and the 3D microarchitecture defined by the spatial distribution of multiple cell types [5]. The latest advances have led to microengineered systems that model the organs in their intricacy, such as the lung, brain, heart, liver, and kidney.

Conclusion

A representative example of these advances is the modeling of the lungs through a lung-on-a-chip microdevice. This recreates the alveolar-capillary barrier present in the human lung (where the gas exchange occurs) and its mechanical activity. This microdevice incorporates a compartmentalized microfluidic system wherein human alveolar epithelial cells are co-cultured with human pulmonary microvascular endothelial cells placed on opposite sides of a thin, porous, stretchable, polymeric membrane in order to constitute a barrier which is similar and mirrors the alveolar-capillary interface. A mechanical actuation system which resembles the biological one is integrated into this microfluidic culture system. It utilizes a computer-controlled negative pressure to expand and stretch the alveolar-capillary interface in order to simulate the stretching of the tissues which takes place during regular breathing.

- a. The lung-on-a-chip system was developed by co-culturing human alveolar epithelial cells as well as pulmonary microvascular endothelial cells. The cells have been placed on opposite sides of an isotropic porous membrane in order to recreate the *in vivo* alveolar-capillary interface present in the human lung. Vacuum is applied in order to simulate the stretching of the tissues which takes place during regular breathing.
- b. The lung-on-a-chip system was used to recreate organ functions such as an inflammatory response to intra-alveolar pathogenic bacteria *E. coli* which is mediated by the endothelial recruitment of circulating neutrophils, migration through the alveolar-capillary interface, and the phagocytosis of the bacteria.
- c. The lung-on-a-chip system was also utilized to model pulmonary edema, a human lung disease. Interleukin-2 (IL-2) was administered into the microvascular channel. This caused a

fluid leakage into the alveolar compartment, reiterating the pulmonary edema which is induced by the acute toxicity of interleukin-2 that is observed in cancer patients.

Figure 1 shows how this microdevice also allows us to recreate, analyze, and visualize complex organ responses such as recruitment and phagocytosis, through the inflammatory response to intra-alveolar pathogenic bacteria. This kind of response is generally not possible to observe using traditional cell culture models.

Pulmonary systems constitute one of the most challenging systems to analyze *in vivo* due to the considerable complexity of the human lungs physiology and structure. There are dissimilarities present between the human and the animal models which make it rather complicated to universalize the obtained results to human pathologies. Fortunately, microfluidic systems provide a possibility to simulate the lungs' microenvironment and functions.

Nonetheless, organs-on-a-chip bear limitations such as PDMS (poly dimethylsiloxane), a material used to prototype these microdevices. The physicochemical properties of materials such as PDMS are not suitable to simulate extracellular matrices *in vivo*, therefore new cell culture substrates are required [6]. In addition, there is a need of viable, reliable sources of human cells [5]. Furthermore, the complexity of the microdevice is also something to consider. It is evident that the most level of accuracy should be ideally achieved by organs-on-a-chip. Yet, with increasing accuracy and physiological relevance comes increasing complexity. Thus, the complexity should be balanced with practicability in order to avoid challenges in the system management and the practical operations.

In spite of their limitations, organs-on-a-chip possess the ability to act as substitutes for *in vivo* models. They have a great potential to face challenges in drug discovery and development, and possibly result in a cost-effective development of new drugs and treatments.

Picture(s)

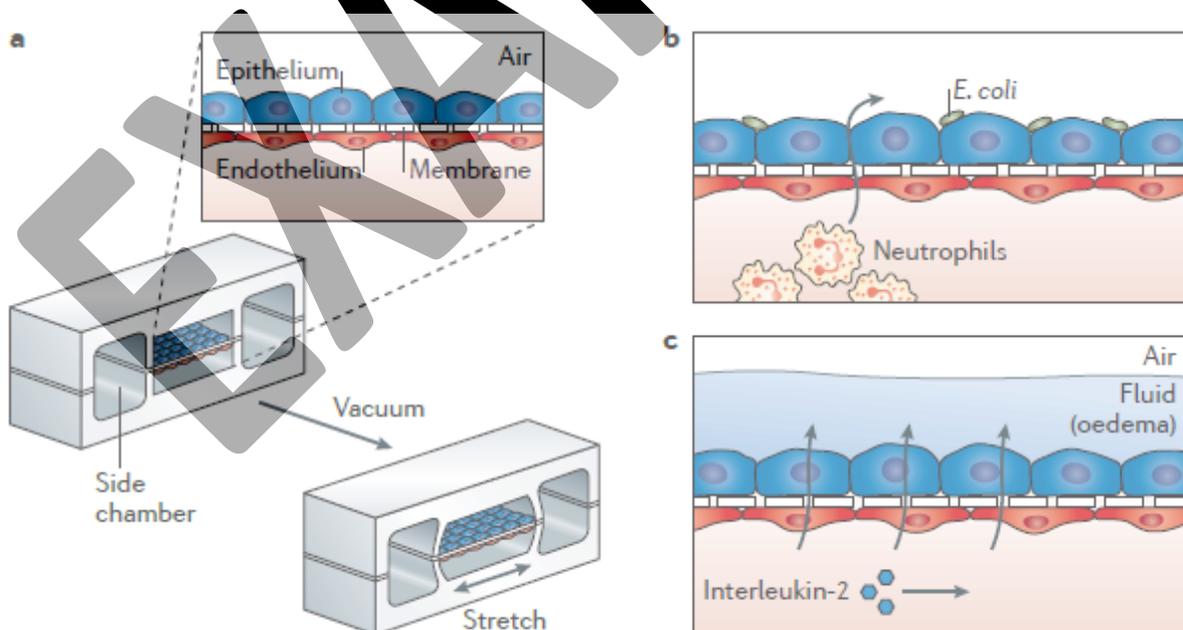


Figure 1. Lung-on-a-chip [5]

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